



APA 2021 Attendees – Welcome to MethylPro[®]

MethylPro[®] is a leading line of pure, high-quality, dietary supplements centered around the nutrient L-methylfolate. The MethylPro[®] brand was developed in response to scientific discoveries in the fields of mental health and genetic research, and is formulated, produced, and distributed by the makers of Metabolic Maintenance[®] products. Due to both inherited genetics and epigenetic factors, many people simply cannot process folic acid effectively. These individuals often suffer from symptoms of folate insufficiency even when folic acid intake is thought to be adequate. Supplemental L-methylfolate can remedy this nutritional issue. L-methylfolate is the activated form of vitamin B-9 (folate) and requires no internal processing to be used throughout the body.

We know that MethylPro[®] is not the only L-methylfolate option available to your patients. Medical foods, such as DEPLIN[®], also name L-methylfolate as the active ingredient for the healthy production of neurotransmitters and support of a balanced mood. However, medical foods such as DEPLIN[®], are problematic in that they are full of other preservatives, fillers, dyes, and toxins, and without full prescription coverage, they are astronomically expensive. Of course, they also require a prescription and potential trips to the pharmacy for regular refills. MethylPro[®], on the other hand, delivers pure L-methylfolate, is more affordable than prescription products, never requires a prescription, and can be purchased online and delivered directly to the consumer

When visiting our virtual booth be sure to:

[Inquire about additional formulations](#)

[Ask questions to our dedicated team](#)

[Request samples to be sent to you for patient use](#)

[Download the MethylPro catalog and exclusive practitioner price sheet](#)

[Download our '20% Off Show Special' for your patients first order of MethylPro](#)

**Read on for full details of our formulas, pricing,
and how your patients can benefit by taking
MethylPro Professional Strength L-Methylfolate**

MethylPro[®] comparison to a leading pharmaceutical brand

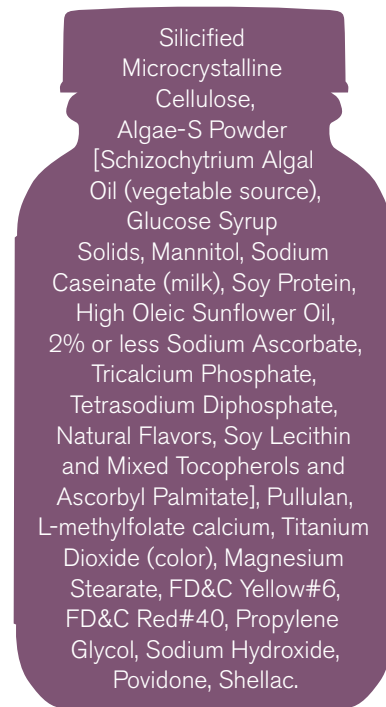
METHYLPRO[®]
PROFESSIONAL STRENGTH L-METHYLFOLATE

VS

Deplin[®]

- No prescription needed
- Flexibility in various strengths and formulas
- Same active ingredient
- Can be purchased direct by patient
- Fraction of the cost

- Prescription needed
- Only one formula
- Multiple ingredients with fillers and binders
- Not always covered by insurance
- 3x the cost



Contains Dairy, Soy, Fillers, Binders and Excipients!

Deplin[®] is a registered trademark of Alfasigma USA, Inc.

More Options

MethylPro® has four distinct formulas and multiple strengths to choose from.



L-Methylfolate

Support Positive Mood and Emotional Well Being

1, 2.5, 5, 7.5, 10, 15 mg



B-Complex + L-Methylfolate

Support Positive Mood and Nourish Overall Energy

5, 10, 15 mg



L-Methylfolate + Cofactors

Support Positive Mood and Soothe Feelings of Stress

5, 10, 15 mg



Multivitamin + 15 mg L-Methylfolate

Provides our most popular potency of L-methylfolate in a complete multivitamin/mineral complex

Questions & Answers

Q: Why can I buy this without a prescription?

A: Our L-methylfolate is classified as a nutritional supplement and can be purchased over-the-counter. A purchase of L-methylfolate that requires a prescription means the product is classified as a medical food, however, the active ingredient remains the same.

Q: Is L-methylfolate addictive/habit forming?

A: No, L-methylfolate is not habit forming or addictive.

Q: How do I know what dose to take?

A: You should consult a healthcare professional when starting any new nutritional, diet or exercise regimen.

Q: What are the side effects?

A: Very few side effects have been noted in those supplementing with L-methylfolate. Those few that do experience side effects tend to notice feelings of irritability or restlessness. These symptoms subside at a lower dose or on discontinuation of the supplement.

Q: What else is L-methylfolate called?

A: Terms often used for L-methylfolate are: methylfolate, L-MTHF, 5-MTHF, 5-methylfolate, L-5-MTHF, L-5-methyltetrahydrofolate.

Pharmaceutical brands include: Deplin®, Enlyte®, Extrafolate®, Metafolin®, and Metanx®.

Q: How do I know if I need L-methylfolate?

A: Folate is a necessary vitamin for everyone and L-methylfolate is the biologically active form. Your needs may be further influenced by genetics or by health history. Your doctor may use genetic testing along with other tests such as homocysteine levels and your health history to determine your specific need.



PROFESSIONAL STRENGTH L-METHYLFOLATE

L-Methylfolate (Standalone Formula)

Folate is important for the normal production of serotonin, norepinephrine and dopamine; mood balancing and motivating neurotransmitters. Folic acid is the most common form of folate in supplements and fortified foods. It needs to be converted to methylfolate for the body to make use of it to form neurotransmitters. This is done by the enzyme, methylenetetrahydrofolate reductase (MTHFR). Unfortunately, about half the population has genetic variations that reduce the ability of the MTHFR enzyme to make this conversion. For this population, L-methylfolate supplementation is far more effective in providing this form of folate to support healthy mood.

- Supports the production of mood balancing neurotransmitters
- Provides most effective form of folate for those with genetic MTHFR variations
- Offered in several strengths for flexibility

L-Methylfolate - 1 mg #00800-90 caps

Supplement Facts		NEW PRODUCT				
Serving Size: 1 capsule			EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Amount Per Capsule	% Daily Value					
Folate	1.7 mg DFE	418%	(1 mg folate from 1.4 mg L-5-Methylfolate, calcium salt)			
Glycine	270 mg	*				

Other ingredients: vegetarian cellulose capsule
Use as directed by your healthcare professional.

L-Methylfolate - 2.5 mg #00804-30 caps

Supplement Facts					
Serving Size: 1 capsule		EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Amount Per Capsule	% Daily Value				
Folate	4.2 mg DFE	1050%	(2.5 mg folate from 3.4 mg L-5-Methylfolate, calcium salt)		
Glycine	270 mg	*			

Other ingredients: vegetarian cellulose capsule
Use as directed by your healthcare professional.

L-Methylfolate - 5 mg #00805-30 caps

Supplement Facts					
Serving Size: 1 capsule		EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Amount Per Capsule	% Daily Value				
Folate	8.3 mg DFE	2075%	(5 mg folate from 6.8 mg L-5-Methylfolate, calcium salt)		
Glycine	265 mg	*			

Other ingredients: vegetarian cellulose capsule
Use as directed by your healthcare professional.

Extrafolate-S® is a registered trademark of Gnosis S.p.A..
*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



L-Methylfolate - 7.5 mg #00814-30 caps #00816-90 caps

Supplement Facts					
Serving Size: 1 capsule		EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Amount Per Capsule	% Daily Value				
Folate	12.5 mg DFE	3125%	(7.5 mg folate from 10.3 mg L-5-Methylfolate, calcium salt)		
Glycine	260 mg	*			

Other ingredients: vegetarian cellulose capsule
Use as directed by your healthcare professional.

L-Methylfolate - 10 mg #00806-30 caps

Supplement Facts					
Serving Size: 1 capsule		EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Amount Per Capsule	% Daily Value				
Folate	16.7 mg DFE	4175%	(10 mg folate from 13.7 mg L-5-Methylfolate, calcium salt)		
Glycine	260 mg	*			

Other ingredients: vegetarian cellulose capsule
Use as directed by your health care professional.

L-Methylfolate - 15 mg #00801-30 caps #00811-90 caps

Supplement Facts					
Serving Size: 1 capsule		EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Amount Per Capsule	% Daily Value				
Folate	25 mg DFE	6250%	(15 mg folate from 20.5 mg L-5-Methylfolate, calcium salt)		
Glycine	250 mg	*			

Other ingredients: vegetarian cellulose capsule
Use as directed by your healthcare professional.

L-Methylfolate 10 mg (from Quatrefolic®)

L-Methylfolate 10 mg #00809-30 caps

Supplement Facts					
Serving Size: 1 capsule		EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Amount Per Capsule	% Daily Value				
Folate	16.7 mg DFE	4175%	(10 mg folate from 18.5 mg L-5-Methylfolate, glucosamine salt)		
Glycine	210 mg	*			

Other ingredients: vegetarian cellulose capsule
Use as directed by your healthcare professional.

U.S. Patent No. 7,947,662 is a registered trademark of Gnosis S.p.A.

L-Methylfolate + Cofactors

L-Methylfolate does not operate in a vacuum. It is assisted by several cofactors in the metabolic processes it seeks to accomplish. Sometimes, due to less than optimal diets or digestive processes, these cofactors are in short supply. To give L-methylfolate all the help it needs we have provided it in a formula with its top cofactors, B-6 and B-12. In addition, we've provided magnesium which assists the COMT (catechol-O-methyltransferase) enzyme in the breakdown of dopamine, epinephrine and norepinephrine, neurotransmitters which when unbalanced can increase feelings of stress.

- Supports the production of mood balancing neurotransmitters with L-methylfolate and its cofactors
- Provides magnesium, a cofactor in proper neurotransmitter breakdown
- Balances the processes of neurotransmitter formation and breakdown

L-Methylfolate 5 mg + Cofactors #00817-30 caps

Supplement Facts		NEW PRODUCT	EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Serving Size: 1 capsule						
Amount Per Capsule	% Daily Value					
Vitamin B-6 (as 25 mg Pyridoxal 5' Phosphate)	15mg	882%				
Folate (5 mg folate from 7.1 mg L-5-Methylfolate, calcium salt)	8.3 mg DFE	2075%				
Vitamin B-12 (as Methylcobalamin)	1000 mcg	41667%				
Magnesium (as Magnesium Citrate)	125 mg	30%				

Other ingredients: vegetarian cellulose capsule, L-leucine
Use as directed by your healthcare professional.

L-Methylfolate 10 mg + Cofactors #00810-30 caps

Supplement Facts		NEW PRODUCT	EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Serving Size: 1 capsule						
Amount Per Capsule	% Daily Value					
Vitamin B-6 (as 25 mg Pyridoxal 5' Phosphate)	15 mg	882%				
Folate (10 mg folate from 18.5 mg L-5-Methylfolate, glucosamine salt)	16.7 mg DFE	4175%				
Vitamin B-12 (as Methylcobalamin)	1000 mcg	41667%				
Magnesium (as Magnesium Citrate)	125 mg	30%				

Other ingredients: vegetarian cellulose capsule, L-leucine
Use as directed by your healthcare professional.

Quatrefolic® U.S. Patent No. 7,947,662 is a registered trademark of Gnosis S.p.A.

L-Methylfolate 15 mg + Cofactors #00803-30 caps

Supplement Facts		NEW PRODUCT	EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Serving Size: 1 capsule						
Amount Per Capsule	% Daily Value					
Vitamin B-6 (as 25 mg Pyridoxal 5' Phosphate)	15 mg	882%				
Folate (15 mg folate from 27.8 mg L-5-Methylfolate, glucosamine salt)	25 mg DFE	6250%				
Vitamin B-12 (as Methylcobalamin)	1000 mcg	41667%				
Magnesium (as Magnesium Citrate)	125 mg	30%				

Other ingredients: vegetarian cellulose capsule, L-leucine
Use as directed by your healthcare professional.

Quatrefolic® U.S. Patent No. 7,947,662 is a registered trademark of Gnosis S.p.A.

Multivitamin + 15 mg L-Methylfolate

The Multivitamin + 15 mg L-Methylfolate is a one-a-day answer to common nutritional priorities. It provides a popular potency of L-methylfolate in a well-rounded multivitamin/mineral complex. L-methylfolate is a bioactive form of folate used in the normal production of neurotransmitters and in the conversion of homocysteine to methionine. Essential daily nutrients are provided in their most bioavailable forms and important cofactors for the methylation process including vitamin B-12, vitamin B-6, and choline are included.

The Multivitamin + 15 mg L-Methylfolate will provide vital nutrients to nourish balanced mood, reliable energy, and immune health functions.

- Conveniently provides 15 mg L-methylfolate in a complete multivitamin
- Supports the formation of mood balancing neurotransmitters
- Promotes energy with a full array of B vitamins
- Supports healthy immune function with 2,000 IU of vitamin D, vitamin C, and zinc

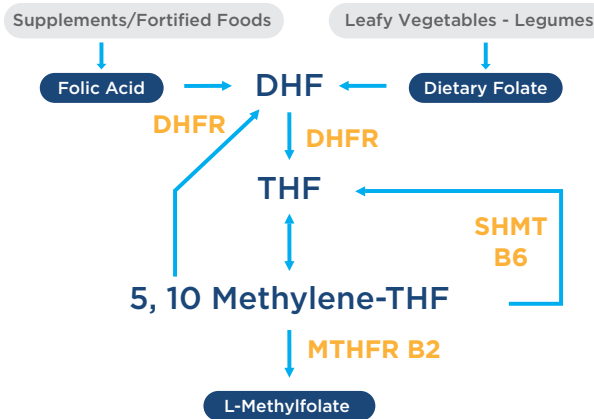
Multivitamin + 15 mg L-Methylfolate #00818-30 caps

Supplement Facts		NEW PRODUCT	EGG FREE	GLUTEN FREE	FREE OF NUTS	DAIRY FREE
Serving Size: 1 capsule						
Amount Per Capsule	% Daily Value					
Vitamin A (3,000 IU as Retinyl Palmitate)	900 mcg RAE	100%				
Vitamin C (as Ascorbic Acid and Ascorbyl Palmitate)	150 mg	167%				
Vitamin D-3 (2,000 IU as Cholecalciferol)	50 mcg	250%				
Vitamin E (100 IU as d-Alpha Tocopheryl Acid Succinate)	67 mg	447%				
Thiamine (as Thiamine Mononitrate)	10 mg	833%				
Riboflavin (as Riboflavin 5' Phosphate)	10 mg	769%				
Niacin (as Niacinamide)	50 mg NE	313%				
Vitamin B-6 (as Pyridoxal 5' Phosphate)	10 mg	588%				
Folate (15 mg from 20.5 mg L-5-Methylfolate, calcium salt)	25 mg DFE	6250%				
Vitamin B-12 (as Methylcobalamin)	800 mcg	33333%				
Biotin	100 mcg	333%				
Pantothenic Acid (as Calcium D-Pantothenate)	50 mg	1000%				
Iodine (as Potassium Iodide)	100 mcg	67%				
Zinc (as Zinc Citrate)	15 mg	136%				
Selenium (as L-Selenomethionine)	100 mcg	182%				
Manganese (as Manganese Gluconate)	5 mg	217%				
Chromium (as Chromium Nicotinate)	100 mcg	286%				
Molybdenum (as Molybdenum Glycinate)	75 mcg	167%				
Choline (as Choline Bitartrate)	55 mg	10%				

Other ingredients: vegetarian cellulose capsule. Vitamin E is derived from soy oil.



Folic Acid & Folate Metabolism







B-Complex + L-Methylfolate

A lack of energy can have its roots in other unbalanced systems. When we lack energy, it takes a toll on our mood. B vitamins are vital to the energy making processes in the body. They are cofactors in the synthesis of thyroid, sex and adrenal hormones. B vitamins assist in the detoxification processes that rid the body of energy depleting substances. They also contribute to energy producing processes in the mitochondria of every cell in the body. With B-Complex + L-Methylfolate you get the full complement of B vitamins needed for producing energy throughout the body as well as the most bioavailable form of folate needed for mood-balancing neurotransmitter formation.


- Supports the production of mood balancing neurotransmitters with L-methylfolate and its cofactors
- Provides a full spectrum of highly available B vitamins
- Supports energy producing processes in several biochemical pathways

B-Complex + 5 mg L-Methylfolate #00808-30 caps
#00815-90 caps





Supplement Facts		   	
Serving Size: 1 capsule			
Amount Per Capsule		% Daily Value	
Vitamin C (as Ascorbyl Palmitate)	15 mg	17%	
Thiamine (as Thiamine Mononitrate)	25 mg	2083%	
Riboflavin (as Riboflavin 5' Phosphate)	25 mg	1923%	
Niacin (as Niacinamide)	150 mg NE	938%	
Vitamin B-6 (as Pyridoxine HCl and Pyridoxal 5' Phosphate)	55 mg	3235%	
Folate (5 mg folate from 9.3 mg L-5-Methylfolate, glucosamine salt)	8.3 mg DFE	2075%	
Vitamin B-12 (as Methylcobalamin)	1000 mcg	41667%	
Biotin	400 mcg	1333%	
Pantothenic Acid (as Calcium D-Pantothenate)	150 mg	3000%	
Choline (as Choline Bitartrate)	50 mg	9%	
Inositol	50 mg	*	
PABA (Para Amino Benzoic Acid)	50 mg	*	

* Daily Value not established for this ingredient

Other ingredients: vegetarian cellulose capsule
Use as directed by your healthcare professional.


 Quatrefolic® U.S. Patent No. 7,947,662 is a registered trademark of Gnosis S.p.A.

B-Complex + 10 mg L-Methylfolate #00807-30 caps





Supplement Facts		   	
Serving Size: 1 capsule			
Amount Per Capsule		% Daily Value	
Vitamin C (as Ascorbyl Palmitate)	15 mg	17%	
Thiamine (as Thiamine Mononitrate)	25 mg	2083%	
Riboflavin (as Riboflavin 5' Phosphate)	25 mg	1923%	
Niacin (as Niacinamide)	150 mg NE	938%	
Vitamin B-6 (as Pyridoxine HCl and Pyridoxal 5' Phosphate)	55 mg	3235%	
Folate (10 mg folate from 18.5 mg L-5-Methylfolate, glucosamine salt)	16.7 mg DFE	4175%	
Vitamin B-12 (as Methylcobalamin)	1000 mcg	41667%	
Biotin	400 mcg	1333%	
Pantothenic Acid (as Calcium D-Pantothenate)	150 mg	3000%	
Choline (as Choline Bitartrate)	50 mg	9%	
Inositol	50 mg	*	
PABA (Para Amino Benzoic Acid)	50 mg	*	

* Daily Value not established for this ingredient

Other ingredients: vegetarian cellulose capsule
Use as directed by your healthcare professional.


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B-Complex + 15 mg L-Methylfolate #00802-30 caps

Supplement Facts		   	
Serving Size: 1 capsule			
Amount Per Capsule		% Daily Value	
Vitamin C (as Ascorbyl Palmitate)	15 mg	17%	
Thiamine (as Thiamine Mononitrate)	25 mg	2083%	
Riboflavin (as Riboflavin 5' Phosphate)	25 mg	1923%	
Niacin (as Niacinamide)	150 mg NE	938%	
Vitamin B-6 (as Pyridoxine HCl and Pyridoxal 5' Phosphate)	55 mg	3235%	
Folate (15 mg folate from 27.8 mg L-5-Methylfolate, glucosamine salt)	25 mg DFE	6250%	
Vitamin B-12 (as Methylcobalamin)	1000 mcg	41667%	
Biotin	400 mcg	1333%	
Pantothenic Acid (as Calcium D-Pantothenate)	150 mg	3000%	
Choline (as Choline Bitartrate)	50 mg	9%	
Inositol	50 mg	*	
PABA (Para Amino Benzoic Acid)	50 mg	*	

* Daily Value not established for this ingredient

Other ingredients: vegetarian cellulose capsule
Use as directed by your healthcare professional.

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PROFESSIONAL STRENGTH L-METHYLFOLATE

Professional Price List

MethylPro® Products

PART #	PRODUCT	SIZE	PROF.	RETAIL
00800	L-Methylfolate 1 mg	90	\$17.00	\$25.50
00804	L-Methylfolate 2.5 mg	30	\$11.00	\$16.50
00805	L-Methylfolate 5 mg	30	\$12.00	\$18.00
00814	L-Methylfolate 7.5 mg	30	\$13.00	\$19.50
00816	L-Methylfolate 7.5 mg	90	\$33.35	\$50.00
00806	L-Methylfolate 10 mg	30	\$14.00	\$21.00
00801	L-Methylfolate 15 mg	30	\$20.00	\$30.00
00811	L-Methylfolate 15 mg	90	\$50.00	\$75.00
00808	B-Complex + 5 mg L-Methylfolate	30	\$21.00	\$31.50
00815	B-Complex + 5 mg L-Methylfolate	90	\$52.50	\$78.75
00807	B-Complex + 10 mg L-Methylfolate	30	\$27.00	\$40.50
00802	B-Complex + 15 mg L-Methylfolate	30	\$33.35	\$50.00
00809	L-Methylfolate 10 mg from Quatrefolic®	30	\$24.00	\$36.00
00817	L-Methylfolate 5 mg + Cofactors	30	\$18.00	\$27.00
00810	L-Methylfolate 10 mg + Cofactors	30	\$27.00	\$40.50
00803	L-Methylfolate 15 mg + Cofactors	30	\$31.00	\$46.50
00818	Multivitamin + 15 mg L-Methylfolate	30	Coming Soon	

Only Pure Active Ingredients

- No Added Excipients
- No Preservatives
- No Binders
- No Fillers



Rev. 03/31/21



PROFESSIONAL STRENGTH L-METHYLFOLATE

Metabolic Maintenance®/MethylPro®
601 N Larch Street, Sisters OR 97759
To place an order, visit MethylPro.com
Email: info@methylpro.com